

# Our Programs & Locations

## London Community Hubs

- » East London
- » North London
- » South London
- » West London
- » Central London

## Middlesex County

## Elgin County

## Oxford County

## Huron County

## Perth County

**Leonard  
Cheshire  
Disability**

A member of the  
Leonard Cheshire  
Global Alliance.



### Cheshire Homes of London Inc.

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*The views expressed in the publication are the views  
of the HSP and do not necessarily reflect those of the  
LHIN or the Government of Ontario.*

cheshire  
independent living services





**I think it's great. The people and the agency are really supportive and they will do almost anything to help you.**  
- Consumer, Cheshire

# Our Mission Statement

*To support individuals with physical disabilities and frail seniors to live independently in their communities through the provision of personal support services that:*

- » Are mutually respectful and value the contribution of all;
- » Enable individual responsibility and self-determination;
- » Promote inclusion and choice; and
- » Facilitate creative leadership and community development.

Our **Services** include but not necessarily limited to:

- » Personal grooming, bathing, washing & hygiene;
- » Toileting and routine, stabilized bowel/bladder care;
- » Getting up and going to bed;
- » Transfers, lifts and other assisted mobility needs;
- » Meal preparation, serving, cleanup & assisted eating;
- » Cleaning and laundry;
- » Escort to appointments;
- » Range of motion & general fitness exercises;
- » Injectable insulin;
- » Tracheotomy care;
- » Internal catheterization

## Our Guiding Principles

- » Every individual is of inherent worth and entitles to be treated with dignity and respect.
- » A climate of understanding and mutual respect for the dignity, privacy and worth of each person is necessary if each is to feel part of their community, participating in its activities and contributing to its development. Such an environment also enables, enhances and promotes personal growth and development.
- » All people have basic human needs. Persons with physical disabilities have the same needs as others. One basic need is to live and participate in their community taking responsibility for their actions and decisions.
- » People with physical disabilities may require extraordinary supports to fulfill their basic needs. One support may be assistance with activities of daily living which the individual cannot physically accomplish without the assistance of another person (ex. personal care). Such assistance is called attendant services.
  - » Attendant service programs must enable individuals to assume responsibility for themselves by ensuring individual choice, self-determination and the ability to participate in community life.

## Supportive Housing

24/7 assistance is available to consumers living in a group home or a cluster of apartments within a building either owned/operated by Cheshire or within a conventional apartment building owned by a private landlord or co-operative Board of Directors. Scheduled and unscheduled client needs day and night.

## Attendant Outreach

To assist people with daily activities to live independently in their own homes. A community based mobile service designed to deal with scheduled client needs.

## Seniors Support for Daily Living

Part of the Aging at Home Strategy for high risk seniors. A community based mobile service designed to deal with scheduled and unscheduled client needs day and night in their own home/apartment.



**I have never met such a group of truly caring people, not only in their jobs but in the way they live their lives.**  
- Tricia, Perth Attendant Outreach

